

## Things to Check Before Playing at the Beach

To enjoy the beach safely, it is important to gather information beforehand. If you are planning to swim at a designated swimming area, be sure to check the latest information available on the local government's website.



### Wind

Check the wind direction, wind strength (wind speed), and ensure there is no danger of sudden gusts.



### Waves

Check the wave height (coastal waves) and tides (high and low tides, including the times of high and low tides).



### Weather and Temperature

Check the weather, temperature, and chance of precipitation. If a typhoon is approaching, monitor the typhoon's location as well.

Okinawa experiences more typhoons than mainland Japan and can suffer significant damage. Be aware that there is danger not only during a typhoon's direct hit but also before and after it.



### Check Dangerous Areas Okinawa Marine Safety Map

This map offers detailed information on hazards and past water accidents for each beach in Okinawa. Use this map to choose safe beaches and review important safety precautions.



### Detailed Information Site for Safe Enjoyment at the Beach Okinawa Marine Safety Portal

This site provides comprehensive guidelines for safely enjoying the sea in Okinawa, including safety tips, precautions for various activities, and how to respond in case of an emergency.



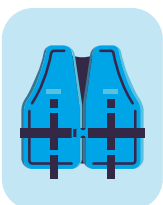
## In Case of Emergency

### How to Respond When You See Someone Drowning

If you see someone drowning, seek help from a nearby lifeguard, lifesaver, or person around you. Additionally, call the emergency contact numbers to request a rescue.

- Japan Coast Guard TEL 118
- Police TEL 110
- Fire Department (Ambulance) TEL 119

## Three Key Points to Protect Lives from Sea Accidents



Point 01 **Always wear a life jacket when enjoying marine activities.**

Wearing a life jacket can be a crucial factor in determining life or death if you fall into the water.



Point 02 **Ensure you have a means of communication, such as a waterproof-packed mobile phone.**

Carry a waterproof phone or a phone in a waterproof pack. Also, keep the location services on your smartphone enabled so you can accurately share your location.

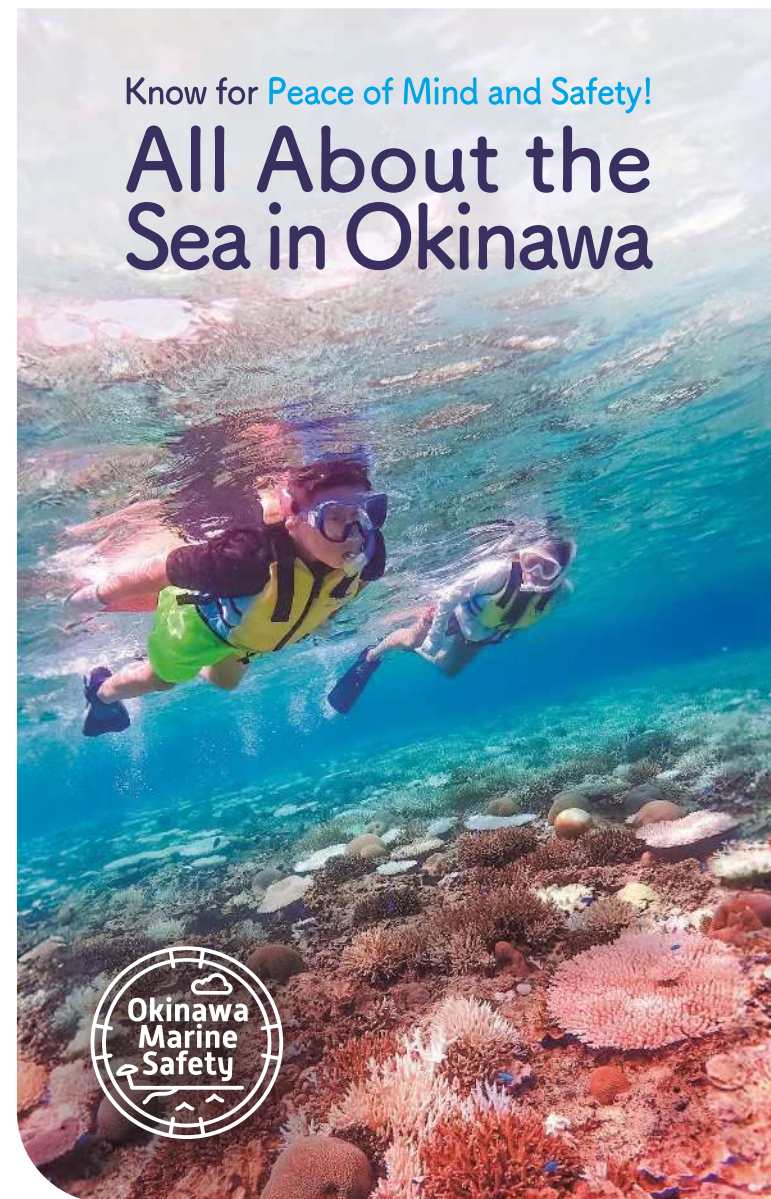


Point 03 **Utilize 118 and NET118.**

For maritime emergencies, call the Japan Coast Guard at 118. For individuals with hearing or speech difficulties, use the emergency reporting service NET118.

Know for **Peace of Mind and Safety!**

# All About the Sea in Okinawa



The sea in Okinawa, surrounded by coral reefs, offers a variety of marine activities and is also suitable for family outings and swimming with children. However, when engaging with the natural environment of the sea, there are precautions to keep in mind. Be sure to check the necessary information to enjoy the sea in Okinawa safely.



For general inquiries about this initiative, please contact the Marine Leisure Accident Prevention Investigation and Countermeasure Project Office at Oriental Consultants Co., Ltd. (oki\_mls@oriconsul.com).

## Things to Check Before Playing at the Beach



### Tip 01

**If you would like to swim, choose a beach with a lifeguard!**

Always wear a life jacket when enjoying marine activities. Wearing a life jacket can be a crucial factor in determining life or death if you fall into the water.



### Tip 02

**Do not enter the ocean at beaches without lifeguards; just enjoy the view!**

If you are feeling unwell, stay out of the water. Instead, take a relaxing stroll along the beach or enjoy some photography.



### Tip 03

**Use designated swimming areas and marine leisure operators!**

To safely enjoy marine activities in Okinawa, make sure to use designated swimming areas and reputable marine leisure operators.

If you absolutely cannot find a marine leisure operator and must engage in activities at an unsupervised beach, be sure to check the beach safety information, the weather for the day, and necessary equipment.

## Marine Leisure Safety Certified Operator



The Marine Leisure Safety Certified Operator system is the Okinawa Prefectural Public Safety Commission's certification system for marine leisure operators that meet safety standards. Choose an operator with this certification.

## Marine Leisure Tips

Here are some important considerations and preparations to keep in mind when enjoying activities like swimming, snorkeling, canoeing, surfing, and SUP in Okinawa's waters.



### Swimming Tips

There have been drowning and drifting incidents often caused by swimming at unmanaged natural beaches and by alcohol consumption.

- ✓ Swim at managed beaches
- ✓ Parents should always keep an eye on their children
- ✓ Do not consume alcohol while swimming
- ✓ Avoid swimming on days with high waves or strong winds

### Snorkeling Tips

Accidents such as drowning have increased due to a lack of basic skills. Always wear a life jacket.

- ✓ Always use the "4-piece set" (★ Mask, fins, snorkel, life jacket)
- ✓ Learn how to properly use the basic equipment
- ✓ Enjoy snorkeling with a professional operator
- ✓ Do not snorkel alone

### Canoeing Tips

Accidents such as getting caught in bad weather or getting lost occur due to insufficient weather and sea conditions checks, and a lack of basic skills.

- ✓ Check weather and sea conditions in advance
- ✓ Ensure you have a reliable means of communication on the water
- ✓ Learn basic techniques needed in case of capsizing
- ✓ Canoe in groups

### Surfing Tips

There is a risk of encountering bad weather or getting injured due to insufficient weather and sea condition checks or carelessness.

- ✓ Check weather and sea conditions in advance and do not take unnecessary risks
- ✓ Ensure you have a reliable means of communication on the water
- ✓ Learn the basic techniques for safe surfing
- ✓ Avoid surfing alone, surf with friends

### SUP Tips (Stand-Up Paddleboarding)

SUP is particularly susceptible to wind, and many accidents occur when people are swept away by strong winds and cannot return.

- ✓ Check weather and sea conditions in advance (\*pay special attention to wind strength and direction)
- ✓ Beginners should learn basic techniques through a school
- ✓ Ensure you have a reliable means of communication on the water in case of emergency
- ✓ Avoid paddling alone, paddle with friends